



Health Education Thames Valley

Public Health Courses

Allison Thorpe

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Introduction

Institutions around the UK provide a wide choice of courses relating to public health and health and wellbeing. These courses can usually be studied full-time or part-time, taken in the workplace (with the support of your employer), at colleges and universities, or by distance-learning at home in your spare time.

This document has been commissioned by Health Education Thames Valley to provide an insight into the range of courses available to support public health development. The courses have been identified as a consequence of a desk top review. No attempt has been made to quality assure the content of the courses. Allison Thorpe produced this paper and can be contacted via email, lesthorpes@btinternet.com.

It is intended as a reference document only. Signposting to a course from this document does not imply that financial support to attend one of these courses will be made available to you by the Thames Valley Workforce Development Programme.

This is not a definitive directory of all the courses which are available – it is constantly being developed and updated. If you are aware of any courses not mentioned in this directory, please contact Branwen Thomas, Public Health Workforce Development Manager at Health Education Thames Valley, so that the courses can be added to the directory for reference by future readers.

Public Health: levels of practice

The following three categories of public health workers are widely accepted as constituting the public health workforce:

- **Public Health specialists:** consultants in public health and specialists in public health who work at a strategic or senior management level or at a senior level of scientific expertise to influence the health of the whole population or of a selected community.
- **Public health practitioners:** those who spend a major part, or all, of their time in public health practice e.g. public health information analyst, oral health promoter, smoking cessation coordinator, health visitor etc.
- **Wider public health:** most people, including managers, have a role in health improvement and reducing health inequalities although they may not recognise this, including: teachers, social workers, local business leaders, transport engineers, town planners, housing officers, regeneration managers and so on.¹

This document has deliberately taken a broad focus, in order to identify courses which may be relevant at each of these workforce levels.

Useful search engines

FOCUS	LINK
CPD SHORT COURSES	http://www.findcpd.com/search/courses.aspx?SAID=435&DID=12 http://www.hotcourses.com/
RSPH SHORT COURSES	https://www.rsph.org.uk/en/qualifications/index.cfm
UNDERGRADUATE COURSES	http://search.ucas.com
POSTGRADUATE COURSES	http://search.ucas.com http://www.educationuk.org/educ/global/sr/course/postgraduate/public-health/h16/list.html http://www.postgrad.com www.hotcourses.com
POSTDOCTORAL	http://www.findapostdoc.com

¹ Source: Chief Medical Officer's (CMO) public health function review (Department of Health 2001).

Courses likely to be of general interest/targeted at wider workforce

Training to develop capacity, capability and understanding of public health is available in many different formats, and delivered by a broad range of providers spanning the whole spectrum from university provision of specialist education, to workshops delivered by subject matter experts. Across the country, a range of approaches have been utilized, including:

- short workshops addressing skills, values, and subject specific materials,
- on the job training,
- university courses,
- online modules, distance learning and
- printed resources.

Open access e-learning

Topic area	Brief overview	link
Social determinants of health	EU sponsored resource	http://tie.inspvirtual.mx/portales/sdhnet/essentials.php
Social determinants of health	Open university short course - takes about five hours to complete	http://www.open.edu/openlearn/health-sports-psychology/health/factors-influence-health-introduction/content-section-0
Ethical issues in public health	Lectures and small group discussions focus on ethical theory and current ethical issues in public health and health policy, including resource allocation, the use of summary measures of health, the right to health care, and conflicts between autonomy and health promotion efforts.	http://ocw.jhsph.edu/index.cfm/go/viewCourse/course/EthicalIssuesPublicHealth/coursePage/index/
History of public health	American resource – access to all course materials available through link History of Public Health examines the development of public health theories and practices, looking at different ways societies have perpetuated or reduced disease. Seven audio lectures cover topics that include the development of practices like quarantines, sanitation and immunization.	http://ocw.jhsph.edu/index.cfm/go/viewCourse/course/HistoryPublicHealth/coursePage/index/
Population change and public health	American resource – access to all course materials available through link Population Change and Public Health examines how demographic factors affect a region's ability to provide public health services, with a particular focus on reproductive health in Sub-Saharan Africa. Thirteen lectures presented through slides and audio files are available.	http://ocw.jhsph.edu/index.cfm/go/viewCourse/course/PopulationChange/coursePage/lectureNotes/
PH in community settings	Public health in community settings This unit puts forward some ideas about how to build an initial picture of a community, how to research a community, get to know it, both formally and informally and work constructively in partnership with this unit puts forward some ideas about how to build an initial picture of a community, how to research a community, get to know it, both formally and informally and work constructively in partnership with. Takes approximately 5 hours	http://www.open.edu/openlearn/
PH introduction	This unit uses a case study of Coventry to introduce two important public health issues: factors that influence health and ill health; and the scope of public health work. environment all impact on our health to some extent. Claims to support practitioner development	http://www.open.edu/openlearn/
Introduction to broad range of topics	Over 600 free online courses. To see what is available relevant to public health, type a keyword such as 'health', 'wellbeing', 'epidemiology', 'statistics', 'diabetes' etc.	http://www.open.edu/openlearn/
Broad range of available topics	Elearning courses – payment required to participate.	https://elearning.nsahealth.org.uk/local/sfadmin/login/index.php http://www.skillsforhealth.org.uk/services/item/22-e-learning
Introduction to broad range of topics	Futurelearn.com offers a diverse selection of courses from leading universities and cultural institutions from around the world. These are delivered one step at a time, and are accessible on mobile, tablet and desktop	https://www.futurelearn.com/about
Introduction	Open access – introduction to scope of public health, with ideas about how you can learn more about it. The website consists of 3 elements: <ul style="list-style-type: none"> • an introductory module using animation to illustrate the broad concepts of PH; • an interactive section providing guided learning to acquire core knowledge; • a resources section with structured access to eLearning resources for specific topics. User involvement is encouraged to keep the site as a self-	https://www.som.soton.ac.uk/learn/elearning/projects/publichealth/

	sustaining, constantly evolving resource.	
Public health 101	<p>Basic introduction to public health from American perspective. Interesting to make comparisons with UK system</p> <p>Public Health Practice 101 introduces students to careers in public health as well as its basic concepts, services and functions through nine lectures presented as slides.</p>	http://ocw.jhsph.edu/index.cfm/go/viewCourse/course/PublicHealthPractice101/coursePage/lectureNotes/
Social and behavioral aspects of health	<p>American resource – but some good general learning</p> <p>In Social and Behavioral Aspects of Public Health, students learn how gender, culture, race and economic status affect the implementation of public health programs. Nine unit lectures are deliverable as slides, for which students need Adobe Reader to access.</p>	http://ocw.jhsph.edu/index.cfm/go/viewCourse/course/SocialBehavioralAspectsPublicHealth/coursePage/lectureNotes/
Critical appraisal	<p>PHeLT brings together specially selected, quality approved resources to help you improve your skills in critical appraisal, understanding copyright, and ethical use of information. PHeLT also includes a self-test element that allows you to identify particular areas to focus on when improving your skills.</p>	http://www.ukhealthforum.org.uk/prevention/public-health-elearning-toolkit-phelt/
Large range of courses relevant to working in local authority settings	<p>Warwickshire County Council provides a range of online courses and learning resources (including Making Every Contact Count), designed to meet the learning needs of staff, members and partner agencies, and address the council's priorities.</p> <p>Open access to all</p>	http://warwickshire.learningpool.com/course/index.php
Wide range of elearning courses	<p>Courses are accessed via the HEWM Learning e-learning platform or on other providers' websites, some of which require login or registration.</p> <p>Some courses are only available to NHS staff in the West Midlands, but a Course Enquiry form enables you to find out how you or the learners you manage can gain access.</p> <p>Includes a course on making every contact count.</p>	http://learning.wm.hee.nhs.uk/learning-zone

Taught courses

Provider	Course	Target audience	comments	link
RSPH	Level 2 health awareness	General	Often used in MECC training	
RSPH	Level 1 award health awareness	General as an introduction to health awareness	Often used in schools, not accredited	https://www.rsph.org.uk/en/qualifications/qualifications.cfm?id=level-1-award-in-health-awareness
RSPH	Level 1 award in health improvement	General	Aims to provide the learner with an understanding of how social and medical advances have led to improvement in public health. The learner will also be provided with an understanding of how, at an individual level, lifestyle choices and behaviours can have a positive and negative effect on health.	https://www.rsph.org.uk/en/qualifications/qualifications.cfm?id=L1UHI
RSPH	Level 2 award in health promotion	Anyone whose role requires fundamental knowledge and skills in health promotion, so that they are in a position to influence and advise	Core unit Principles of Health Promotion, and a route-specific unit Oral Health Promotion or Promotion of General Health and Wellbeing.	https://www.rsph.org.uk/en/qualifications/qualifications.cfm?id=health-promotion-general
RSPH	Level 2 award in smoking cessation	This qualification is for individuals with an interest in health who are also interested in helping others develop a healthier lifestyle by stopping smoking.	Learners will increase their knowledge and understanding of why people smoke, the personal and social consequences of this and how individuals can be helped and supported to stop smoking.	https://www.rsph.org.uk/en/qualifications/qualifications.cfm?id=level-2-award-in-supporting-smoking-cessation
RSPH	Level 2 award in understanding alcohol misuse	This qualification is for individuals with an interest in health who are also interested in helping others develop a healthier lifestyle by addressing the issue of alcohol misuse.		https://www.rsph.org.uk/en/qualifications/qualifications.cfm?id=level-2-award-in-understanding-alcohol-misuse
RSPH	Level 2 award in behavior change	General	Will enable learners to understand the importance of listening, hearing and observing when establishing appropriate relationships with individuals for the purpose of helping them to develop strategies to undergo behaviour change. It will also help learners engage with individuals, if appropriate, for the purpose of brief advice and brief interventions and to support them in improving their health and wellbeing.	https://www.rsph.org.uk/en/qualifications/qualifications.cfm?id=level-2-award-in-understanding-behaviour-change
PHAST	Workshops and elearning Supporting cross sectoral working	Elearning aimed at Wider public health, Community public health, Public Health Specialists, GP's, Practice Workers and Commissioning Managers.	Participants will work through case studies and scenarios and discuss how these can be applied to their everyday working practice. Five modules: Leadership and Management to improve population health and wellbeing Policy and Strategy Development and Implementation to improve population health and wellbeing Collaboration working to improve population health and wellbeing Prioritization and Performance Management Getting the message across	www.phast.org.uk
PHAST	Health, everybody's business The style of the sessions is inclusive and interactive,	targets senior managers across directorates so that they become public health 'champions' in their current and future roles	Participants will: Gain the knowledge, skills and language to promote health within key Council roles Understand the healthcare landscape and NHS commissioning Explore The Marmot Review and other sources of evidence to gain an	www.phast.org.uk

	and encourages participants to discover the connections between their roles in Local Authority and people's health.		<p>understanding of upstream and wider determinants of health and wellbeing and appreciate the Council's role in building healthy, sustainable communities</p> <p>Understand that health is a commodity that is not evenly distributed within our communities</p> <p>Be able to differentiate between health, wellbeing and illness and to explore positive concepts of mental and physical health</p> <p>Have explored myths about mental illness</p> <p>Have examined opportunities in the workplace to promote health</p> <p>Understand how to access impacts of Local Authority policy on the health of the population</p> <p>Have explored within their Council roles, opportunities to improve health outcomes</p> <p>Have initiated, planned and presented a project to demonstrate positive health impacts within the context of their roles</p>	
PHAST	Public health awareness skills learning set	The public health workforce including, Public Health Practitioners, GP Consortia and Commissioning managers, GPs, PCT and Acute Trust staff, Health Visitors, Midwives, School Nurses, Community Nurses, Environmental Health Practitioners, Police, Fire Brigade, Voluntary Sector	<p>Half day modules can include:</p> <p>Introduction to Public Health</p> <p>Introduction to Epidemiology</p> <p>Managing/Implementing Change</p> <p>Medical Ethics</p> <p>Community Development</p> <p>Health Impact Assessment</p> <p>Health Needs Assessment</p> <p>Critical Appraisal</p> <p>Partnership Working</p> <p>Learning Outcomes: Gain the knowledge, skills and language to promote health Understand the wider determinants of health and wellbeing and understand that these are commodities that are not evenly distributed within our communities. Be able to differentiate between health, wellbeing and illness and to explore positive concepts of mental and physical health Examine opportunities to promote health in the workplace Explore opportunities to improve health outcomes</p>	www.phast.org.uk
NPA- national availability	Developing Healthy Living Champions are members of the pharmacy team who will provide customers with advice on health and wellbeing within the communities they serve.	Pharmacists	Providing information and signposting the public to pharmacy services or other NHS and community services that will help them to adopt healthier lifestyles.	http://www.npa.co.uk/Developing-Teams-Careers/Medicines-Counter-Assistants/Healthy-Living-Champion-course-and-Applied-Award/
NC SCT	Free online training module to help increase the quality and frequency of Very Brief Advice (VBA) given to patients who smoke.	GPs and other healthcare professionals	Smoking	http://www.ncsct.co.uk/vba

Courses likely to be more relevance for those seeking formal qualifications/registration for practitioner level practice²

The public health practitioner scheme

Thames Valley is currently operating a scheme to support practitioners to achieve professional registration with the UKPHR. Registration is achieved through completion of a retrospective portfolio to demonstrate how you meet the UKPHR professional competences for registration at level 5 (the minimum level for practice). Access to the scheme is competitive. Practitioners requesting support through the Thames Valley Practitioner Scheme are expected to be able to demonstrate:

- 2 years' experience in public health, usually having occupied a public health practitioner post at NHS Agenda for Change band 5 -7 or equivalent in other sectors;
- operating at Level 5 or above on the Public Health Skills & Knowledge Framework
- employment in the Thames Valley region
- Full support of your Line Manager and employing organisation.

Practitioners on the Scheme are supported through facilitated learning sets in priority areas of Continuing Professional Development (CPD) to enable them to complete a portfolio of evidence of competence against the [UKPHR practitioner standards](#). Each practitioner attends up to 4 facilitated learning sets, where they are supported in preparing their portfolio and receive one-to-one feedback on progress. Peer support is crucial, with the practitioners very much benefiting from sharing their work with each other and talking through any concerns. Practitioners are assigned a UKPHR trained assessor.

For details of how to apply for a place on a future cohort of the scheme contact Branwen Thomas (Branwen.thomas@phe.org.uk). For further details of the UKPHR practitioner register, see www.ukphr.org.uk

Open access e-learning/CPD

Topic area	Brief overview	link
Epidemiology	Open access text book	http://www.healthknowledge.org.uk/public-health-textbook/disease-causation-diagnostic/2a-epidemiological-paradigms/programming
Social determinants of health	EU sponsored resource	http://tie.inspvirtual.mx/portales/sdnet/essentials.php
Social determinants of health	Open university short course - takes about five hours to complete	http://www.open.edu/openlearn/health-sports-psychology/health/factors-influence-health-introduction/content-section-0
Ethical issues in public health	Lectures and small group discussions focus on ethical theory and current ethical issues in public health and health policy, including resource allocation, the use of summary measures of health, the right to health care, and conflicts between autonomy and health promotion efforts.	http://ocw.ihsph.edu/index.cfm/go/viewCourse/course/EthicalIssuesPublicHealth/coursePage/index/
History of public health	American resource – access to all course materials available through link History of Public Health examines the development of public health theories and practices, looking at different ways societies have perpetuated or reduced disease. Seven audio lectures cover topics that include the development of practices like quarantines, sanitation and immunization.	http://ocw.ihsph.edu/index.cfm/go/viewCourse/course/HistoryPublicHealth/coursePage/index/
Population change and public health	American resource – access to all course materials available through link Population Change and Public Health examines how demographic factors affect a region's ability to provide public health services, with a particular focus on reproductive health in Sub-Saharan Africa. Thirteen lectures presented through slides and audio files are available.	http://ocw.ihsph.edu/index.cfm/go/viewCourse/course/PopulationChange/coursePage/lectureNotes/

² NOTE: The UKPHR practitioner level scheme assesses the minimum level of practice for regulation. The knowledge requirement for this is roughly equivalent to year 2 of a bachelors degree. Possession of a bachelors degree (or higher qualification) would not, in itself, be sufficient to achieve practitioner registration

Public health biology	Likely to be interest to health protection domain – American resource Public Health Biology looks at the viral, bacterial and environmental causes of specific diseases. Six text-based modules investigate topics like cancer, biotechnology and pathogens	http://ocw.ihsph.edu/index.cfm/go/viewCourse/course/PublicHealthBiology/coursePage/lectureNotes/
PH in community settings	Public health in community settings This unit puts forward some ideas about how to build an initial picture of a community, how to research a community, get to know it, both formally and informally and work constructively in partnership with this unit puts forward some ideas about how to build an initial picture of a community, how to research a community, get to know it, both formally and informally and work constructively in partnership with. Takes approximately 5 hours	http://www.open.edu/openlearn/
PH introduction	This unit uses a case study of Coventry to introduce two important public health issues: factors that influence health and ill health; and the scope of public health work environment all impact on our health to some extent. Claims to support practitioner development	http://www.open.edu/openlearn/
Introduction to broad range of topics	Over 600 free online courses. To see what is available relevant to public health, type a keyword such as 'health', 'wellbeing', 'epidemiology', 'statistics', 'diabetes' etc.	http://www.open.edu/openlearn/
Broad range of available topics	Elearning courses – payment required to participate. For full list of available modules see http://www.skillsforhealth.org.uk/services/item/22-e-learning	https://elearning.nsahealth.org.uk/local/sfadmin/login/index.php
Introduction	Open access – introduction to scope of public health, with ideas about how you can learn more about it. The website consists of 3 elements: <ul style="list-style-type: none"> • an introductory module using animation to illustrate the broad concepts of PH; • an interactive section providing guided learning to acquire core knowledge; • a resources section with structured access to eLearning resources for specific topics. User involvement is encouraged to keep the site as a self-sustaining, constantly evolving resource.	https://www.som.soton.ac.uk/learn/elearning/projects/publichealth/
Social and behavioral aspects of health	American resource – but some good general learning In Social and Behavioral Aspects of Public Health, students learn how gender, culture, race and economic status affect the implementation of public health programs. Nine unit lectures are deliverable as slides, for which students need Adobe Reader to access.	http://ocw.ihsph.edu/index.cfm/go/viewCourse/course/SocialBehavioralAspectsPublicHealth/coursePage/lectureNotes/
Public health toxicology	American resource. Public Health Toxicology teaches students about environmental factors that can affect public health. Accessing text-based lectures through Adobe Reader, students may learn about a variety of toxicants through case studies.	http://ocw.ihsph.edu/index.cfm/go/viewCourse/course/PublicHealthToxicology/coursePage/lectureNotes/
Critical appraisal	PHeLT brings together specially selected, quality approved resources to help you improve your skills in critical appraisal, understanding copyright, and ethical use of information. PHeLT also includes a self-test element that allows you to identify particular areas to focus on when improving your skills.	http://www.ukhealthforum.org.uk/prevention/public-health-elearning-toolkit-phelt/
Patient to population	The overarching aim of this resource is to help students learn about and be able to integrate several key public health perspectives. This resource is suitable for undergraduate medical students who have completed their first year as pre-clinical students. It will also be suitable for allied health professionals at a similar stage of training, and for postgraduate students undertaking a basic introduction to public health. The resource begins by recapping assumed prior learning, which will support understanding of the new learning in this resource	http://www.nottingham.ac.uk/toolkits/play_10366
Large range of courses relevant to working in local authority settings	Warwickshire County Council provides a range of online courses and learning resources (including Making Every Contact Count), designed to meet the learning needs of staff, members and partner agencies, and address the council's priorities. Open access to all	http://warwickshire.learningpool.com/course/index.php
Wide range of eLearning courses	Courses are accessed via the HEWM Learning e-learning platform or on other providers' websites, some of which require login or registration. Some courses are only available to NHS staff in the West Midlands, but a Course Enquiry form enables you to find out how you or the learners you manage can gain access. Includes a course on making every contact count	http://learning.wm.hee.nhs.uk/learning-zone

Taught courses

Provider	Course	Target audience	comments	link
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PHAST	Workshops and elearning Supporting cross sectoral working	Elearning aimed at Wider public health, Community public health, Public Health Specialists, GP's, Practice Workers and Commissioning Managers.	Participants will work through case studies and scenarios and discuss how these can be applied to their everyday working practice. Five modules: Leadership and Management to improve population health and wellbeing Policy and Strategy Development and Implementation to improve population health and wellbeing Collaboration working to improve population health and wellbeing Prioritization and Performance Management Getting the message across	www.phast.org.uk
PHAST	Health, everybody's business The style of the sessions is inclusive and interactive, and encourages participants to discover the connections between their roles in Local Authority and people's health.	targets senior managers across directorates so that they become public health 'champions' in their current and future roles	Participants will: Gain the knowledge, skills and language to promote health within key Council roles Understand the healthcare landscape and NHS commissioning Explore The Marmot Review and other sources of evidence to gain an understanding of upstream and wider determinants of health and wellbeing and appreciate the Council's role in building healthy, sustainable communities Understand that health is a commodity that is not evenly distributed within our communities Be able to differentiate between health, wellbeing and illness and to explore positive concepts of mental and physical health Have explored myths about mental illness Have examined opportunities in the workplace to promote health Understand how to access impacts of Local Authority policy on the health of the population Have explored within their Council roles, opportunities to improve health outcomes Have initiated, planned and presented a project to demonstrate positive health impacts within the context of their roles	www.phast.org.uk
NPA- national availability	Developing Healthy Living Champions are members of the pharmacy team who will provide customers with advice on health and wellbeing within the communities they serve.	Pharmacists	Providing information and signposting the public to pharmacy services or other NHS and community services that will help them to adopt healthier lifestyles.	http://www.npa.co.uk/Developing-Teams-Careers/Medicines-Counter-Assistants/Healthy-Living-Champion-course-and-Applied-Award/
NCSCT	Free online training module to help increase the quality and frequency of Very Brief Advice (VBA) given to patients who smoke.	GPs and other healthcare professionals	Smoking	http://www.ncsct.co.uk/vba
PHAST	Public health awareness skills learning set	The public health workforce including, Public Health Practitioners, GP Consortia and Commissioning managers, GPs, PCT and Acute Trust staff, Health Visitors, Midwives, School Nurses, Community Nurses, Environmental Health Practitioners, Police, Fire Brigade, Voluntary Sector	Half day modules can include: Introduction to Public Health Introduction to Epidemiology Managing/Implementing Change Medical Ethics Community Development Health Impact Assessment Health Needs Assessment Critical Appraisal Partnership Working Learning Outcomes: Gain the knowledge, skills and language to promote health Understand the wider determinants of health and wellbeing and understand that these are commodities that are not evenly distributed within our communities Be able to differentiate between health, wellbeing and illness and to explore positive concepts of mental and physical health Examine opportunities to promote health in the workplace Explore opportunities to improve health outcomes	www.phast.org.uk
NHS IQ Co- developed with NHS England	CCG capability programme: Seven 1 day learning and planning	Delivered locally for each CCG and partner organisations.	Practical programme to provide commissioners with tools and approaches to support addressing large scale challenges.	www.nhsiq.nhs.uk/capacity-capability/ccg-cappability.aspx

Commissioning Directorate.	workshops, presented over 6-9 month period Focuses on 10 different local challenges: development of PC strategy, frail elderly and integration are most common focuses. Support through elearning and networking.		Aims to introduce tools and approaches to help in design and delivery of transformational change, covering practical examples, application of new ideas to strategies and plans.	
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Bachelors in Public Health programmes

Subject description

If you are interested in public and personal health issues, the prevention of ill-health, the control of illness and disease, the impact of lifestyles and behaviour and the health of communities and populations, a Public Health BA or BSc degree could be a relevant choice. Courses are available as single, joint or combined honours subjects.

Example areas of study

The following is a list of example topic areas which Public Health single honours courses are likely to include. It is intended as a guide but it is important to check the specific content with the institutions themselves before you submit your application.

Health and communities
Evidence-based practice
Ethics
Health assessment and measurement
Health needs analysis
Public health
Environment and health
Beach safety management
Clinical science
Health education and health promotion
Health and social policies
Medical sociology
Poverty
Human form and function
Inequality and social exclusion
Community and inter-agency working in public health
Drugs and drug use in society
Nutrition, health and exercise
Event safety and security
Sexuality and health
Exercise and health
Domestic violence
Mental health and psychology for health
Health economics and resource management
Health management and social care
Epidemiology and the management of disease
Research methods
Child and adolescent mental health development
Health promotion
Career possibilities

What do I need to get on a course?

The list is intended as a guide and it is important to check the specific entry requirements with the institutions themselves.

- UCAS Tariff: 160 - 280 for degrees
- A-level: CC - BBC for degrees
- BTEC National Diploma: relevant subject
- For your application or interview, evidence of the following could be useful:
 - Work experience or work shadowing in a health or community setting
 - Some knowledge of healthcare issues in your local community, for example housing and overcrowding, drug abuse or closure of public swimming pools

Relevant courses

University	Course title	Duration	Teaching modality	Course link for further information
University of East of London	BSc Public Health and Health Promotion	3 years	Full time on site	http://www.uel.ac.uk/study/courses/publichealthpromotion-bsc.htm
University of East of London	Public health	3 years	Full time on site	http://www.uel.ac.uk/study/courses/publichealth.htm
University of east of London	Public health and health promotion	3 years	Full time on site	http://www.uel.ac.uk/study/courses/publichealthpromotion-bsc.htm
University of Sunderland	Public health	3 years	Full time on site	http://www.sunderland.ac.uk/courses/appliedsciences/undergraduate/public-health/
Anglia Ruskin	Public health	3 years	Full time on site	
University of Wolverhampton	Public health	3 years	Full time on site	http://courses.wlv.ac.uk/course.asp?code=HL022H31UV_D
Birmingham City	Public health	3 years	Full time on site	www.bcu.ac.uk
Brighton University	Public health	3 years	Fulltime on site	https://www.brighton.ac.uk/courses/study/public-health-bsc-hons.aspx
Canterbury Christ Church University	Public health	3 years	Full time on site	http://www.canterbury.ac.uk/study-here/courses/undergraduate/health-studies.aspx
De Montford	Public and community health	3 years	Full time on site	www.dmu.ac.uk
University of Greenwich	Public health	3 and 4 years options	Full time on site or four years with placement option	http://www2.gre.ac.uk/study/courses/ug/hea/b902
3 University of Suffolk	Public health	3 years	Full time	www.ucs.ac.uk
University of West London	Health promotion and public health	3 years	Full time	http://www.uwl.ac.uk/course/health-promotion-and-public-health-12/33704
NICHE courses				
Cardiff Metropolitan	Public health nutrition	3 years	Full time on site	http://www.cardiffmet.ac.uk/health/courses/Pages/Public-Health-Nutrition-BSc-(Hons).aspx
University Centre Grimsby	Public health and nutrition	3 years 6 years	Full time on site Part time option	http://www.grimsby.ac.uk/highereducation/courseInformation.php?id=186000332883410
University of East of London	Biology and public health	3 years	Fulltime on site	http://www.uel.ac.uk/study/courses/HumanbiologyandPubHealth.htm
University of east of London	Public health and health services management	3 years	Full time on site	http://www.uel.ac.uk/study/courses/publichealth-serv-mgmt-bsc.htm
Coventry university	Public health and community studies	3 years	Full time on site	www.coventry.ac.uk
University of Exeter	Medical Sciences (Environment and public health)	3 years	Full time on site	http://www.exeter.ac.uk/undergraduate/degrees/medicalsci/
University of Huddersfield	Nutrition and public health	4 years	Full time on site	http://www.hud.ac.uk/courses/2016-17/full-time/undergraduate/nutrition-and-public-health-bsc-hons/
Middlesex University	Environmental and public health	3 years	Full time on site	http://www.mdx.ac.uk/courses/undergraduate/environmental-and-public-health
Sheffield Hallam	Nutrition and public health	3 years	Full time on site	http://www.shu.ac.uk/prospectus/course/771/
University of West of England	Public and environmental health	3 years	Full time	http://courses.uwe.ac.uk/B917

HNDs/HNCs/FDSc

Subject description and example areas of study

If you are interested in public and personal health issues, the prevention of ill-health, the control of illness and disease, the impact of lifestyles and behaviour and the health of communities and populations, an HNC/HND/FdSc could be a relevant choice. The range of topics covered varies.

The following is a list of example topic areas which courses are likely to include. It is intended as a guide but it is important to check the specific content with the institutions themselves before you submit your application.

- Health and communities
- Evidence-based practice
- Ethics
- Health assessment and measurement
- Health needs analysis
- Public health

What do I need to get on a course?

The list is intended as a guide and it is important to check the specific entry requirements with the institutions themselves.

- A-level: D - CD for HNDs/Foundation Degrees.
- UCAS Tariff: 60 - 140 points for HNDs/Foundation Degrees. 160
- BTEC National Diploma: relevant subject
- For your application or interview, evidence of the following could be useful:
 - Work experience or work shadowing in a health or community setting
 - Some knowledge of healthcare issues in your local community, for example housing and overcrowding, drug abuse or closure of public swimming pools

Relevant courses

Provider	Course title and level	Qualification	Duration	Teaching modality	Link
University Centre Croydon	Public health and social care	FdA	2 years	Full time on site	http://www.croydon.ac.uk/en/university-centre/courses/public-health-social-care/index.cfm
Coventry university	Public health and community studies	HNC	1 year	Full time on site	www.coventry.ac.uk
Coventry university	Public health and community studies	HND	2 years	Full time on site	www.coventry.ac.uk
Dearne Valley College	Health and social care	HNC	1 year	Full time on site	http://www.dearne-coll.ac.uk/higher-education/
London Metropolitan University	Public health and health promotion	BSc	1 year top up	Full time on site	http://www.londonmet.ac.uk/courses/undergraduate/2015/public-health-and-health-promotion-top-up---bsc-hons/
London Metropolitan University	Public health and social care	FdA	2 years	Full time on site	http://www.londonmet.ac.uk/courses/undergraduate/2015/public-health-and-social-care--fda/
Newcastle University	Public health	BSc	1 year top up	Full time on site	http://www.ncl-coll.ac.uk/higher-education/higher-education-subject-areas/health-and-care
University of Suffolk ³	Public health	FdSc HND	2 years	Full time on site	www.ucs.ac.uk
University of West of	Environmental and public health	FdSc HND	2 years	Full time	http://courses.uwe.ac.uk/B916

³ Course yet to be approved Current plan is September 2015 first course

England					
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Higher level public health skills²

Continuing Professional Development and training.

Most universities offer a range of short courses, tied into their post-graduate provision. For links to the university web sites, see the tables below.

A useful website to identify short courses and CPD opportunities is <http://www.findcpd.com/search/courses.aspx?SAID=435&DID=12>

For a course guide which maps modular provision of MSc courses to the public health careers and skills framework, see <http://www.publichealthcoursesguide.nhs.uk> ⁴

Open access online training/CPD

Topic area	Brief overview	link
Ethical issues in public health	Lectures and small group discussions focus on ethical theory and current ethical issues in public health and health policy, including resource allocation, the use of summary measures of health, the right to health care, and conflicts between autonomy and health promotion efforts.	http://ocw.jhsph.edu/index.cfm/go/viewCourse/course/EthicalIssuesPublicHealth/coursePage/index/
Introduction to broad range of topics	Over 600 free online courses. To see what is available relevant to public health, type a keyword such as 'health', 'wellbeing', 'epidemiology', 'statistics', 'diabetes' etc.	http://www.open.edu/openlearn/
Broad range of available topics	Elearning courses – payment required to participate. For full list of available modules see http://www.skillsforhealth.org.uk/services/item/22-e-learning	https://elearning.nsahealth.org.uk/local/sfhadmi/login/index.php
Social and behavioral aspects of health	American resource – but some good general learning In Social and Behavioral Aspects of Public Health, students learn how gender, culture, race and economic status affect the implementation of public health programs. Nine unit lectures are deliverable as slides, for which students need Adobe Reader to access.	http://ocw.jhsph.edu/index.cfm/go/viewCourse/course/SocialBehavioralAspectsPublicHealth/coursePage/lectureNotes/
Critical appraisal	PHeLT brings together specially selected, quality approved resources to help you improve your skills in critical appraisal, understanding copyright, and ethical use of information. PHeLT also includes a self-test element that allows you to identify particular areas to focus on when improving your skills.	http://www.ukhealthforum.org.uk/prevention/public-health-elearning-toolkit-phelt/
Large range of courses relevant to working in local authority settings	Warwickshire County Council provides a range of online courses and learning resources (including Making Every Contact Count), designed to meet the learning needs of staff, members and partner agencies, and address the council's priorities. Open access to all	http://warwickshire.learningpool.com/course/index.php
Wide range of elearning courses	Courses are accessed via the HEWM Learning e-learning platform or on other providers' websites, some of which require login or registration. Some courses are only available to NHS staff in the West Midlands, but a Course Enquiry form enables you to find out how you or the learners you manage can gain access. Includes a course on making every contact count	http://learning.wm.hee.nhs.uk/learning-zone
Health Knowledge	This online learning resource is for anyone working in health, social care and well-being wherever they work or study. The resource allows you to access a broad range of learning materials for personal use or for teaching purposes in order to help everyone expand their public health knowledge. The resources have been set up within four different learning styles: Public Health Textbook organised in relation to the Faculty of Public Health Part A syllabus but can benefit anyone aiming to increase their public health competencies. Text Courses involve reading provided text and then questions, answers and feedback, in epidemiology, statistical methods, sickness and health information, population health information, applications of health information at practitioner and specialist levels. Video Courses in the form of audio podcasts with animated PowerPoint slides and supporting video components, Q&As, and further resources. The subjects covered are finding and appraising the evidence, learning from stakeholders, screening, programme budgeting and marginal	http://www.healthknowledge.org.uk

⁴ It is not clear how often this site is updated.

	analysis. Management Training with PowerPoint slides, workbooks, and trainer notes in four clinical areas: diabetes, coronary heart disease, stroke and child health.	
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Health protection and epidemiology

Public Health England offers a range of courses to build capacity in health protection and epidemiology. A sample of the courses available has been given on the table below. For further details of the full range of courses, the costs, and how to access training, please see: <https://www.phe-protectionservices.org.uk/hpet/courses/list>

Course	Overview	Contact details
Hitchhikers Guide to Epidemiology	One day interactive course to introduce you to the world of outbreak investigations, disease surveillance and public health interventions. No previous epidemiology experience is needed. Individuals attending the course will acquire knowledge of basic infectious disease epidemiology, surveillance and an understanding of public health prevention and control measures.	Gloria Wilson Education and Training Coordinator Direct Line: 0208 327 7808 Email: gloria.wilson@phe.gov.uk
Introductory Course on the Epidemiology and Surveillance of Infectious Diseases	The week long course will provide the delegate with the tools to: <ul style="list-style-type: none"> Describe principles of surveillance and the characteristics of different surveillance systems, their strengths and weaknesses, their usefulness and their applications Describe the main policies and programmes used in the control of important infectious diseases, and the issues involved in their implementation and evaluation Apply epidemiological and management methods to the investigation of outbreaks Appreciate the issues involved in managing and evaluating vaccination programmes, including promoting and measuring vaccine coverage, monitoring vaccine efficacy and adverse events, refining vaccination schedules and conducting serological surveillance	Yvette Howell Education and Training Coordinator Direct Line: 0208 327 7427 Email: yvette.howell@phe.gov.uk
Health Economics: what public health professionals need to know	At the end of the course participants should: <ul style="list-style-type: none"> Understand the basic concepts involved in performing health economic analysis Be able to read a health economic report and critically appraise it Know what data are needed to inform health economic evaluations Be able to perform a simple cost-effectiveness analysis	Gloria Wilson Education and Training Coordinator Direct Line: 0208 327 7808 Email: gloria.wilson@phe.gov.uk

Screening

The UK National Screening Committee education team offer a wide range of freely accessible education and training resources, including:

- a masters module in screening
- screening master classes
- e-learning modules
- programme specific training
- quality assurance/serious incident training

See <http://cpd.screening.nhs.uk>

Masters in Public health (MPH)

Subject description

Typically, this course is concerned with how to improve the health of populations, communities and particular groups within them through the promotion of health and prevention of diseases; the provision and evaluation of treatment and care; and the investigation and control of environmental threats to health.

The modular content of courses varies widely. Typical modular offers include:

- Foundations in public health
- Epidemiology
- Health economics
- Health promotion
- Health services management
- Health services research
- Environmental health

Please check with individual programme providers for exact course details as modular offers change regularly.

Course Duration

In general, the MSc Public Health is full-time for one year or part-time over two years. Students taking the course over two years can choose to attend part-time throughout both years (this generally seems to involve attending the university at least one day each week during term-time)

What do I need to get on a course

Candidates will normally be expected to hold a good first degree in a related subject (at least an upper second) or a medical degree from a UK university or an equivalent qualification if obtained outside the UK. Mature applicants with relevant academic or professional experience will generally also be considered. Please contact the individual university for details of their entry requirements.

Relevant courses⁵

University	Course offer	Duration	Link for further information
University of York	Modular MPH course (PGDIP, PGCERT, MPH)	1 YR FT; 2 yrs PT	http://www.york.ac.uk/healthsciences/gradschool/public-health/
Leeds Beckett University	7 post graduate ph courses, including MSc PH (Health Promotion) and MSc Public health nursing	12-18 months FT	http://www.leedsbeckett.ac.uk/
Northumbria University	MSc PH (PG Cert and PG Dip)	Up to 5 years	https://www.northumbria.ac.uk/study-at-northumbria/?cg=public+health&ls=#result-listing
Staffordshire	9 public health post graduate courses, PG CERT, PG DIP, MSc	Up to 5 years	http://www.staffs.ac.uk/course/05B79000.jsp
Swansea University	Offers nine separate public health masters degrees, e.g. MPH, PH and Nutrition, etc. 9 scholarships in variety of fields	FT and PT	http://www.swansea.ac.uk/postgraduate/taught/humanandhealthsciences/public-health-and-health-promotion/#description=is-expanded&course-structure=is-expanded&key-features=is-expanded
University of West of England	Currently offering four public health courses, including MSc in PH (MSc and PGDIP)	FT and PT	http://www1.uwe.ac.uk/comingtouw/internationalstudents.aspx?utm_campaign=smrs_intl2015&utm_source=N4378.328090EDUCATIONS.COM&utm_medium=profiles&dcms=1802791&dcmp=113966424&dcma=286999751&dcmc=0
Anglia Ruskin	MSc In Public Health	FT and PT	http://www.anglia.ac.uk/study/postgraduate-taught/public-health
Canterbury Christ Church	Six postgraduate public health options	FT and PT	http://www.canterbury.ac.uk/health-and-wellbeing/public-health-midwifery-and-social-work/public-health-midwifery-and-social-work.aspx
University of Nottingham	Ten public health courses, including two at PHD level Scholarships	FT and PT	http://www.nottingham.ac.uk/medicine/about/eph/index.aspx

⁵ Scholarships, where mentioned, are accessed through the university. There are no scholarships or bursaries currently available through the Thames Valley Workforce Development Group.

University of South Wales	3 PH courses. (MPH, HV, and SN)	FT and PT	http://courses.southwales.ac.uk/courses/618-msc-public-health
University of Leeds	8 public health courses. MPH can be done as international ph	FT and PT	http://medhealth.leeds.ac.uk/coursefinder/22388/Master_of_Public_Health_(International)?from=600&categoryID=
University of Worcester	PH MSC	FT and PT	http://www.worcester.ac.uk/courses/public-health-msc.html
Cardiff University	14 public health courses	FT and PT	www.cardiff.ac.uk
Glasgow	10 public health courses	Ft and pt	http://www.gla.ac.uk
Liverpool John Moores	9 public health postgraduate programmes	FT and PT	https://www.ljmu.ac.uk/study/courses/postgraduates/public-health
Brighton	24 public health courses, including MPH and Masters in PH and management	FT and PT	www.brighton.ac.uk
Birmingham City	MSc PH	FT and 3 years PT	http://www.bcu.ac.uk/courses/public-health
University of East London	MSc PH	18 months to 6 years	http://www.uel.ac.uk/study/courses/publichealth-msc.htm
Essex	Infection control MSC	Distance learning	www.essex.ac.uk
City University London	MPH	FT and PT	http://www.city.ac.uk/courses/postgraduate/masters-of-public-health-mph
Manchester	PH MSc	Distance learning option	www.man.ac.uk
LSHTM	MPH	Distance learning option	www.lshtm.ac.uk
Sheffield Hallam	Public health nursing	Distance learning option	www.shu.ac.uk
Sunderland	MSc Public health	1 year FT	http://londoncampus.sunderland.ac.uk/courses/nursingandhealth/public-health-msc/ http://www2.warwick.ac.uk/fac/med/themes/phealth
Warwick University	MPH Health Sciences MSc	Modules also offered for PG awards. Can take up to 5 years for MPH.	
Nottingham Trent	MA in public health	1 year FT	http://www.ntu.ac.uk/apps/pss/course_finder/60337-1/4/ma_public_health.aspx
Nottingham University	8 post graduate public health courses (PGCERT, PGDIP, MSc)	Two years PT	http://www.nottingham.ac.uk/pgstudy/courses/medicine/medical-sciences/master-of-public-health-mph.aspx
University of Liverpool	Online MSc in public health	online	http://www.liv.ac.uk/study/online/programmes/health/master-of-public-health/
Northampton	MSc Public Health	1 year FT	http://www.northampton.ac.uk/study/courses/courses-by-subject/health/public-health-msc
Hertfordshire	6 public health post graduate courses, including MSc Public health	Distance learning 2-5 years	http://www.herts.ac.uk/uhonline/online-courses/mph-master-of-public-health-online
Strathclyde	Msc, PG DIP Global public health	2 years PT	http://www.strath.ac.uk/courses/postgraduatetaught/globalpublichealth/
University of London	6 post graduate public health courses	Distance learning 2-5 years	http://www.londoninternational.ac.uk/courses/postgraduate/lshtm/public-health-msc-postgraduate-diploma-postgraduate-certificate
London South Bank	4 post graduate courses	Full time and part time	http://www.lsbu.ac.uk
Bangor University	4 public health post grad courses, including specialist courses in public health economics	FT and PT	http://www.bangor.ac.uk/courses/postgraduate/public-health-and-health-promotion-msc-pgdip-pgcert
Wolverhampton University	4 public health post graduate courses	FT and PT	www.wlv.ac.uk
UCLAN	3 post graduate public health courses, including MPH	FT and PT	http://www.uclan.ac.uk/courses/msc_applied_public_health.php
Kings College London	7 post graduate options, including MSc in PH	FT and PT up to 2 years	https://www.kcl.ac.uk/prospectus/graduate/public-health
UCL	6 post graduate public health options	FT and PT	www.ucl.ac.uk
University of Leeds	8 post graduate ph courses	FT and PT	http://medhealth.leeds.ac.uk/coursefinder/21596/Applied_Health_-_Public_Health?from=100&categoryID=
Glasgow Caledonian	3 post graduate options for MSc, plus 85 courses at other levels	FT and PT	http://www.gcu.ac.uk/study/coursesearch/search.php?d=1&st=k&k=public%20health&t=all&l=uk&at=all&p=1&tab=dummy&smj=all&typej=all&sort=rank&order=desc
Cumbria	MSc Applied public health	Distance learning	http://www.cumbria.ac.uk/Courses/Subjects/HealthAndSocialCare/Postgraduate/PublicHealth.aspx
Imperial College	2 post graduate courses	FT and Pt	http://www1.imperial.ac.uk/publichealth/education/postgraduate/
Oxford Brookes	MSc Public Health PG CERT and PGDIP	Up to three years	http://www.brookes.ac.uk/studying-at-brookes/courses/postgraduate/2015/public-health/?qclid=ck3mtvjoomuafaitaodfx8arg
Southampton University	MSc Public Health		http://www.southampton.ac.uk/medicine/postgraduate/taught_courses/msc_public_health_pathways.page
Cambridge	MPHIL public health	1 year FT	http://www.phpc.cam.ac.uk/graduate-studies/phil-in-public-health/

Public health niche			
EdgeHill	Masters in PH nutrition <ul style="list-style-type: none"> Gain the knowledge and skills to work as a highly effective public health nutritionist at a local, national and international level; Develop the competencies to register as an associate public health nutritionist with the Association for Nutrition; Learn to deliver health and nutrition information to the public and other health professionals through successful marketing and promotion techniques.	1 Year Full-Time, 2 Years Part-Time <i>currently not taking 2015 applications</i>	http://www.edgehill.ac.uk/international/
Buckinghamshire new University	Specialist public health nursing under and post graduate qualifications	FT and PT	http://bucks.ac.uk/courses/undergraduate/BC3SCP1/
Coventry	Public health management MBA	FT	http://www.hotcourses.com/courses-by-subject/Public-Health-Management-MBA-courses/53741206/
University of Oxford	MRes Population Health and DPHIL		http://www.ox.ac.uk/admissions/graduate/courses/dphil-population-health
Northampton	MSc Specialist community public health nursing	1 year FT	http://www.northampton.ac.uk/study/courses/courses-by-subject/health/specialist-community-public-health-nursing-msc
University of Westminster	MSc PH and nutrition	FT	http://www.westminster.ac.uk/courses/postgraduate
University of West of London	MPHil in communicable disease	FT and PT	http://www.uwl.ac.uk
University of Bristol	Nutrition, physical activity and public health MSc One scholarship	FT and PT	http://www.bristol.ac.uk/study/postgraduate/2015/ssl/msc-nutrition-physical-activity-public-health/
University of Surrey	MSc in public health practice (health visiting) MSc in public health practice (nursing) One scholarship o	FT and PH	http://www.surrey.ac.uk/healthsciences/study/cpd/undergraduateprogrammes/bsc_public_health_sphn.htm
Bolton University	Specialist community public health nursing PGDIP	FT	http://courses.bolton.ac.uk/Details/Index/1249
Queen Mary's university	Global public health and policy Two scholarships	FT and PT Distance learning option	http://www.qmul.ac.uk
University of Greenwich	Specialist community ph nursing PGDIP	1 year	http://www.hotcourses.com/courses-by-subject/Specialist-Community-Public-Health-Nursing-Health-Visiting-and-School-Nursing-PgDip-courses/54649026/
Edinburgh	6 post graduate options, including PH MSc	Distance learning option	www.ed.ac.uk
Robert Gordon University (Aberdeen)	MSc PH	Distance and flexible learning options	http://www.rgu.ac.uk http://www.rgu.ac.uk/areas-of-study/subjects/health-professions/study-options/distance-and-flexible-learning
Hertfordshire	Public health MSc	Distance learning option	www.herts.ac.uk
University of Bournemouth	MSc Public health, PGCERT, PGDIP	Flexible part time learning options	http://courses.bournemouth.ac.uk/courses/postgraduate-degree/public-health/msc/191/
Middlesex University	MSc Applied public health	1-2 years FT and PT options	http://www.mdx.ac.uk/courses/postgraduate/applied-public-health
University of Surrey	Specialist community nursing and ph MSc	1-2 years	http://www.surrey.ac.uk/healthsciences/study/cpd/undergraduateprogrammes/bsc_public_health_sphn.htm
PHD offers			
Keele University	Inflammation, infection and immunology PHD	FT	http://www.keele.ac.uk
University of Nottingham	Two PHD streams – Epidemiology and PH, and child and maternal public health	FT	http://www.nottingham.ac.uk/medicine/about/eph/index.aspx
Cardiff University	PHD streams in infection and immunity and primary care and public health		www.cardiff.ac.uk

Specialty training

The standard training route to become a public health specialist is through the Faculty of Public Health's higher specialist training programme. Public Health training usually lasts five years, full-time. Part-time training is proportionately longer. The five years usually includes one year (full) on an academic course, and 48 months in higher specialist training posts.

Recruitment opens in the autumn and will be announced on the recruitment section of the Faculty of Public Health Website, www.fph.org.uk/recruitment and Thames Valley Health Education England, www.thamesvalley.hee.nhs.uk.

Recruitment for public health is managed nationally with applicants making a single application with expressed preference for specific programmes and geographical zones. Assessment and selection is standardised across several centres in the UK. The programme is open to candidates from medical and non-medical backgrounds according to nationally agreed eligibility criteria.

Leadership and management training

Leadership training

The Leadership Academy offers a range of [tools](#), [models](#), [programmes](#) and [expertise](#) to support individuals, organisations and local academies to develop leaders, celebrating and sharing where outstanding leadership makes a real difference. For further information, see the website:

<http://www.leadershipacademy.nhs.uk/about/>

A number of other leadership courses are also available through the Thames Valley e-learning club. See http://wessex.hee.nhs.uk/files/2014/10/Club-flyer_October-2014.pdf. The Club is a provider-led collaborative. All Trusts in the Thames Valley and Wessex are automatically Associate Members, and 20 Trusts have currently paid to be Full Members. To find out more information about the club, or whether your employer is a member, please contact Alison Potter alison.potter@wessex.hee.nhs.uk or 01962 718564

NHS Graduate Management Training Scheme

Annual recruitment programme for graduates with at least a 2.2 degree to undertake management training within the NHS. Next recruitment round is scheduled for October 2015

See <http://www.leadershipacademy.nhs.uk/programmes/nhs-graduate-management-training-scheme/>

Health Education Thames Valley
Thames Valley House
4630 Kingsgate
Oxford Business Park South
Oxford OX4 2SU

01865 785500, enquiries@thamesvalley.hee.nhs.uk